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Press Release

Central Catholic High School Karate Club Promotes 6 Students

5 Yellow Belts and One Blue Belt is Awarded to CCHS Students

EDITORS: High resolution images are available for download at: <http://www.sentrepity.com/news.html>

Lawrence, MA July 20, 2009: Central Catholic High School (CCHS)'s Karate Club has promoted 6 students to receive yellow and blue belts in the new Karate Club. The students who were presented with yellow belts include Shannon Bradish, David Daniels, Brendand Stolarz, Dank Blackwell, and Amy Whitney Perry, and Phoebe Carmichael was promoted to the rank of Blue Belt. Jarrod Brown, a Central Catholic mathematics teacher and coach for football and track, launched CCHS' Karate Club in November 2008. Brown holds a Black Belt from the Giordano Family Methuen Karate Association.

"Since we started this program, these CCHS Karate Club students have been working hard and earned these promotions," stated Jarrod Brown, master at CCHS Karate Club, and Sensei at Giordano Family Methuen Karate Association. "I'm excited to see my students advance their karate skills, it requires practice, discipline, and a commitment to continued training. Their understanding of karate and martial arts as a whole expands with every promotion. I am exceptionally proud of all who received their new yellow and blue belts."

About the CCHS Karate Club

CCHS offers one of the only matriculated martial arts/self defense programs in the state that is absolutely free for all students and faculty at the school. The club holds weekly classes at CCHS on Tuesday and Wednesday nights from 5:30-6:30pm. Students will be exposed to a range of martial arts teachings including basic self-defense techniques, traditional Kyokushin Karate, and Brazilian Jiu Jitsu. Over the next few years Sensei Jarrod Brown intends to make CCHS Karate Club a varsity sport to give students the opportunity to compete in local and regional tournaments such as the Methuen Classic Karate Tournament which is held every November. For more information about the CCHS Karate Club please visit Sensei Brown's website: www.cchskarate.com or blog: <http://cchskarate.blogspot.com/>.

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